**Tahlequah High School**

**Cross Country 2025**

August 21 Tahlequah Invitational 8:30

September 4 Rogers State at Night 8:00PM

September 5 Camp Gruber JV 8:00AM

September 13 Lincoln Christian TBA

September 19 Pryor JV TBA

September 20 Edmond Pre State TBA

September 26 Claremore JV TBA

September 27 Carl Albert 9:00

October 4 Chili Pepper U of A 8:30

October 9 MLC @ Pryor TBA

October 25 Regionals (TBA) TBA

November 1 State @ Edmond Santa Fe 10:00

**Tahlequah Middle School**

**Cross Country 2025**

August 21 Tahlequah Invitational 9:30

September 5 Camp Gruber 10:30

September 9 Inola 9:45

September 19 Pryor 10:30

September 26 Claremore 12:00

October 9 MLC @ Pryor TBA